

Dr. Sandy Colvard, ND, FABNO

**Naturopathic Physician
Fellow, American Board of Naturopathic Oncology**



Dr. Colvard is an accomplished Naturopathic Physician, with over 14 years of private practice and hospital experience. Most recently, Dr. Colvard served as the Director of Integrative Training for CHI Healthcare: a non-profit, multi-disciplinary, primary care clinic in the Washington, DC area. As part of the executive leadership team at CHI, she was responsible for weekly Grand Rounds to discuss patient care from an integrative perspective, teaching fellow practitioners, and collaborating about alternative/natural methods to address illness/disease and chronic conditions.

Previously, Dr. Colvard served as a Naturopathic Physician at Cancer Treatment Centers of America (CTCA) hospitals in both Atlanta, GA and Philadelphia, PA: treating patients in both outpatient and inpatient settings. There, she attained her board certification as a Fellow of the American Board of Naturopathic Oncology (FABNO). At CTCA, Dr. Colvard supported patients undergoing treatment for all types and stages of cancer. She also gained specific experience and unique expertise in hematologic cancers and autologous stem cell transplants during her tenure.

In addition to Primary Care and Oncology, Dr. Colvard has a number of specializations honed through private practice. She has a particular interest and expertise in anxiety, depression, and grief. She is also well-versed in hormonal imbalances, thyroid/adrenal fatigues, autoimmune conditions, GI issues, and chronic disease. Dr. Colvard has always been particularly intrigued by the role the brain plays in overall health and how emotional states affect our health on physical, mental, and spiritual levels.

Dr. Colvard holds a Doctorate of Naturopathic Medicine from Southwest College of Naturopathic Medicine (SCNM) in Tempe, AZ. Previous to SCNM, Dr. Colvard is a proud alumna of Smith College in Northampton, MA, having earned a Bachelor of Arts in Neuroscience. She has a myriad of teaching experience, having served as Attending Physician to both Primary Care and Oncology Resident Physicians in a number of settings. She was also honored to return to SCNM as Clinical Science Faculty, teaching a number of courses including: Cardiology, Nutrition, Business Practice Management, Diversity Training, Neurology, and Clinical Skills Labs.

An athlete for many years, Dr. Colvard enjoys playing competitive softball and volleyball. She loves using both sides of her brain, as she has also performed as a singer, dancer, and actor! Some of her favorite activities and proudest accomplishments include having her own well-known band in the DC area and acting in many theatrical productions. In her free time, she loves going to the theatre, ballroom dancing, fine dining, singing karaoke and playing with her Shetland Sheepdogs.

“My goal as a physician is to assist and offer guidance for each patient on their path back to health. Each patient is an individual with their own specific and unique history, conditions, concerns, and abilities. I focus on supporting each patient’s physical, mental/emotional, and spiritual health; working together to create the environment where the body becomes capable of healing itself. Using my medical knowledge along with my naturopathic principles and modalities, I work to diagnose, treat, and provide support and encouragement for each patient that walks through my door.”